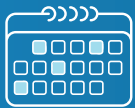


PRACTICAL WORKSHOPS WITH
• PRINTED MODELS &
• DISSECTION ROOM TRAINING



EUROPEAN SLEEP
SURGERY ACADEMY

2nd European Sleep Surgery Academy Course



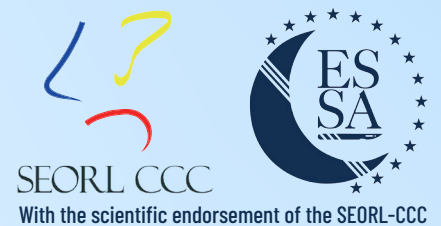
October 17th – 19th, 2024



Facultad de Medicina
Dep. Anatomía y Embriología Humana
Universitat de Valencia

THE ESSA-FACULTY

We present our 2nd European Sleep
Surgery Academy Course in
English language



Prof. Dr.
Clemens Heiser,
MD, PhD



Prof. Dr.
Joachim Maurer



Prof. Dr.
Nico de Vries



Prof. Dr.
J. Ulrich Sommer, MD



Your Host
Prof. Dr. Marina Carrasco-Llatas,
MD, PhD, AP



Prof. Dr.
Carlos O'Connor Reina



Prof. Dr.
Claudio Vicini



Prof. Dr.
Enrique Maravi



Prof. Dr.
Olivier M. Vanderveken,
MD, PhD



Prof. Dr.
Guillermo Plaza, PHD

MESSAGE FROM THE HOST



SEORL CCC

With the scientific endorsement of the SEORL-CCC



Dear Colleagues,

Today I have the pleasure to inform you about the 2nd ESSA (European Sleep Surgery Academy Course) which will take place on October 17th-19th, 2024 in the Medicine Faculty of Universitat de València, Spain.

We have prepared an exiting program that will cover the most frequently needs of the European ENT sleep surgeons, with the collaboration of some of the most prestigious sleep surgeons in Europe who will share their experience.

After the successful 1st ESSA in Antwerp, and following the feedback provided by the attendees, a more practical approach, with more surgical techniques has been prepared.

A maximum of 36 participants can be trained with a cadaver dissection (3 participants per cadaver), but we have prepared printed models of the mouth in which the participants will be able to train the pharyngoplasties techniques. Additionally, our experts will show videos of the different techniques with their tricks and tips.

Apart from the scientific and practical content of the 2nd ESSA course, we're happy to offer a social evening program: Our Course Dinner offers further opportunities for personal exchange - in an attractive and exciting atmosphere.

We truly hope you're able to participate at 2nd ESSA. If you want to register now, please contact the link www.essa-event.com/registration

Please note that the dissection room training is limited. The principle "first come-first serve" applies here.

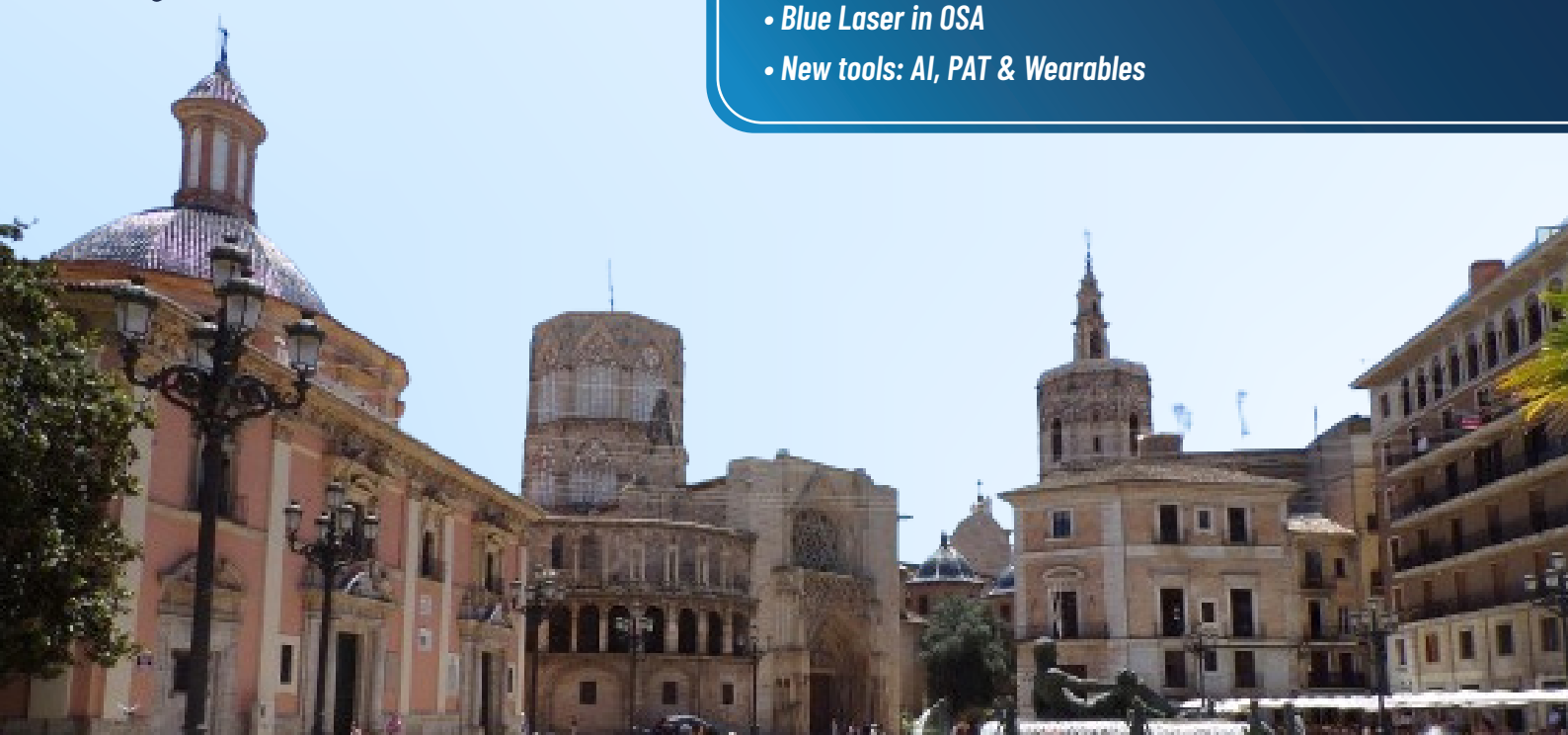
See you in Valencia
Marina Carrasco-Llatas



Prof. Dr. Marina Carrasco-Llatas, MD, PhD, AP

2ND ESSA LEARNING OBJECTIVES:

- Pharyngoplasty - Practice with printed models
- Hands-on cadaverlab for sleep surgery
- Blue Laser in OSA
- New tools: AI, PAT & Wearables



SCIENTIFIC AGENDA ESSA 2024



SEORL CCC

With the scientific endorsement of the SEORL-CCC



Thursday October 17th

11:30 – 13:30	Registration and lunch buffet, Department of Anatomy, University of Valencia	15:45 – 16:15	Coffee and Tea break
Lectures		16:15 – 16:45	BRP as a palate technique. <i>Claudio Vicini</i> (Top 3)
14:00 – 14:30	The anatomy of the palate and pharynx from the surgical point of view <i>Enrique Maravi</i> (Top 1)	16:45 – 17:15	Robotic – old and new option in tongue base surgery <i>Claudio Vicini</i> (Top 4)
14:30 – 15:00	DISE: tips and tricks on how to do it <i>Marina Carrasco-Llatas</i> (Top 2)	17:00 – 17:45	Tongue base surgery and epiglottis (Tips and tricks when you don't have the robot) <i>Joachim T. Maurer</i> (Top 5)
15:00 – 15:30	Update on drug-induced sleep endoscopy (DISE): Interpretation, how to score and Implementation of findings in clinical practice <i>Nico de Vries</i>	17:45 – 18:30	Discussion on tongue base and epiglottis surgery Moderators <i>Ulrich Sommer, Nico de Vries, Olivier Vanderveken</i>
15:30 – 15:45	Discussion on DISE Moderators: <i>Claudio Vicini, Joachim T. Maurer</i>	18:30 – 19:30	Meet'n Greet – Formal Welcome to 2nd ESSA Course <i>Marina Carrasco-Llatas on behalf of the ESSA Faculty</i> (Dinner on your own)

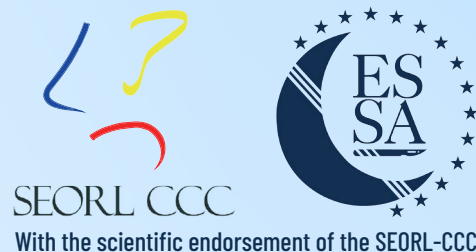
Friday October 18th

8:00 – 9:00	Breakfast	14:00 – 15:00	Lunch
9:00 – 10:00	Some more palatal techniques (lateral pharyngoplasty, anterior pharyngoplasty, alianza, etc) <i>Carlos O'Connor, Marina Carrasco-Llatas</i>	15:00 – 19:00	TEAM B Dissection (Pharyngoplasty, tongue base, localization of the hypoglossal nerve) (Top 6)
10:00–14:00	TEAM A Dissection (Pharyngoplasty, tongue base, localization of the hypoglossal nerve) (Top 6)	15:00 – 17:00	TEAM A Failures and surprising success (clinical cases: from DISE to treatment recommendation/ surgery to final result) (Top 7)
10:00 – 12:00	TEAM B Failures and surprising success (clinical cases: from DISE to treatment recommendation/ surgery to final result) (Top 7)	17:00 – 19:00	Practice your hand movements for pharyngoplasty with a 3D model (Top 8)
12:00 – 14:00	Practice your hand movements for pharyngoplasty with a 3D model (Top 8)	20:30	Course dinner Restaurant

Saturday October 19th

08:00 – 09:00	Get together & breakfast buffet	12:00 – 12:15	Discussion on NHS Moderators: <i>Olivier Vanderveken, Joachim T. Maurer</i>
09:00 – 09:45	Pathophysiological endotyping of OSA patients for successful selection for non-CPAP therapy including oral appliance therapy, upper airway surgery and hypoglossal nerve stimulation therapy <i>Olivier Vanderveken</i> (Top 9)	11:15 – 11:45	New tools for sleep surgeons – how Peripheral Arterial Tone (PAT), Artificial Intelligence (AI) and wearables help you to select the right patient. <i>Ulrich Sommer</i> (Top 12)
09:45 – 10:30	Myofunctional exploration and lingual frenuloplasty <i>Carlos O'Connor</i> (Top 10)	11:45 – 12:00	Panel discussion on future theranostics of snoring and OSA Moderators: <i>Nico de Vries, Claudio Vicini</i>
10:30 – 10:45	Discussion on phenotyping and myofunctional exploration Moderators: <i>Clemens Heiser, Ulrich Sommer, Guillermo Plaza</i>	12:00 – 12:30	Blue laser in OSA <i>Guillermo Plaza</i> (Top 13)
10:45 – 11:15	Tea and Coffee break	12:30 – 12:45	Discussion on Blue laser Moderators: <i>Carlos O'Connor, Olivier Vanderveken</i>
11:15 – 12:00	NHS: All the dark secrets you should know about it! <i>Clemens Heiser</i> (Top 11)	12:45 – 13:30	LUNCH
		13:30	END

REGISTRATION



PARTICIPATION FEE

Participation at 2nd ESSA is limited to

- 36 participants for dissection-workshop
- 60 participants for lectures and live surgery

1.100,- € p.P. w/o VAT

- Attendity conferences
- Live surgery
- All workshops
- Participation in dissection - workshop

600,- € p.P. w/o VAT

- Attendity conferences
- Live surgery
- All workshops

250,- € p.P. w/o VAT

- Only limited places - only for students and fellows**
- Attendity conferences
 - Live surgery
 - All workshops

REGISTRATION

Please register via www.essa-event.com



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